Fraud Prevention Checklist

5 steps to protect your money, accounts and family. Tick each box as you finish it.

TECHCARE MIAMI

1 Secure your accounts

- [ ] My bank has my current phone and email
- [ ] Two-step verification is on
- [ ] Transaction alerts are on
- [ ] Every password is strong and different

2 Control who has access

- [ ] I removed people who no longer need access
- [ ] I removed old devices from my accounts
- [ ] I never share login codes

3 Protect your devices

- [ ] Automatic updates are on
- [ ] My computer has security software
- [ ] Spam call and text filters are on
- [ ] My photos and files are backed up

4 Keep your family in the loop

- [ ] We chose a family safe word
- [ ] We share new scam warnings
- [ ] I have one person to call before I pay

5 Have a plan

- [ ] My emergency numbers are on paper (page 3)
- [ ] I review this list every few months

7 Red Flags of a Scam

The story changes, but the tricks stay the same.

Impersonation	Pretending to be someone you trust
Emotion	Fear, love, guilt or excitement
False urgency	"Act right now"
Rewards or threats	A surprise prize or a threat of arrest
Deception	Fake websites, faked caller ID, secrecy
Unusual payments	Gift cards, wires, crypto, payment apps
Sudden changes	"Please use our new bank details"

If something feels off

Stop.
Don't click, reply, pay or stay on the line.

Verify.
Call a number you already trust, like the one on your card.

Protect.
Change passwords, call your bank, tell someone you trust.

> **Own a small business?** Confirm payment and payroll changes by phone. Require a second approval. Train your team to spot phishing.

If You Think You've Been Scammed

Act quickly, and don't be embarrassed. It can happen to anyone.

Do this right away

- [ ] Stop all contact
- [ ] Call my bank or card company, using the number on my card
- [ ] Change any password I shared
- [ ] Run a security scan if anyone connected to my device
- [ ] Tell someone I trust, then report it

Where to report it

FTC	ReportFraud.ftc.gov
FBI Internet Crime Complaint Center	IC3.gov
National Elder Fraud Hotline (60+)	833-372-8311 Mon-Fri, 10am-6pm ET
AARP Fraud Watch Helpline	877-908-3360 Mon-Fri, 8am-8pm ET
Florida Attorney General	866-966-7226

My emergency numbers

Bank fraud number

Credit card fraud number

Trusted person to call